

### Useful websites and telephone numbers:

[High Peak Borough Coronavirus Information Hub](#)

[High Peak Borough Council](#) The twitter feed (bottom left of this High Peak page) has useful links

[Covid 19 Mutual Aid](#)

[The Silver Line](#) Telephone 0800 4 70 80 90 - free confidential information, friendship and advice line for older people

[AgeUk](#) Telephone [0800 670 1602](#) – advice line

[AgeUk: Neighbourly-volunteering](#) - “Neighbourly volunteering” during the Covid-19 epidemic

[Hope Careline](#) Telephone befriending for older people. Initial contacts Lesley Bentley 620 507 and Heather Hopewell 621 603.

[Gov.Uk: Guidance on coronavirus: Covid 19](#)

[NHS UK: Coronavirus; Covid19 advice](#)

[Citizens Advice](#) Telephone advice only during the epidemic: [0300 456 8390](#)

For further support and advice please contact our Borough Councillors

Charlotte.Farrell@highpeak.gov.uk telephone [07976 980 639](#)

Joanna.Collins@highpeak.gov.uk telephone [01433 670 392](#)